



UCLA Veterans Initiatives & Partnerships November Newsletter

Check out what's happening!



**EXCLUSIVE EXPERIENCE FOR
WEST LA VETERANS**

PLEASE PROVIDE PROOF OF VETERAN STATUS



**SATURDAY, NOV. 8 | 6PM
ROSE BOWL STADIUM**

**BUS WILL DEPART FROM THE JACKIE ROBINSON
STADIUM @ 3PM
A MEAL WILL BE PROVIDED!**

**SCAN HERE TO RSVP
OR VISIT
[UCLABRUINS.COM/VETERANEVENTS](https://uclabruins.com/veteranevents)**



Take advantage of everything UCLA has to offer

UCLA Veterans Legal Clinic

Need **legal** advice?

What types of legal issues do we handle?

Veterans Benefits: Pension and service-connected compensation benefits.

Citations & Traffic Infractions: Violations in traffic court, not DUIs.

Criminal Record Clearing: Expungements and 290 removals
Housing: Assistance for tenants in disputes with their landlord.

(424) 248-9783



2nd & 4th Tuesdays

8 a.m. - 12 p.m., 1 p.m. - 4 p.m.

Located at Building 218, ground floor Room 5A.

Walk-ins seen on a first-come, first served basis.

Any person who served in the U.S. military, regardless of discharge status, length of service, or era of service may be eligible for services. **The service is for low-income, Los Angeles-area Veterans.** Additional criteria apply. Services are not guaranteed. Referrals are available.

UCLA Veteran Family Wellbeing Center

VFWC

The Veteran Family Wellbeing Center (VFWC) provides evidenced-based resilience building services to Veterans, Guard and Reserve members of all eras (regardless of discharge status) and their family members residing in California. Located on the West LA VA campus, appointments are available both in person and remotely using a computer or laptop.



The VFWC services help individuals, couples and families:

- Improve communication
- Express and respond to emotions
- Feel closer to loved ones
- Solve problems
- Plan for the future
- Increase overall wellbeing
- Overcome challenges of all kinds, including marital difficulties, parent-child relationships, grief and loss, reintegration, caregiving, feelings of isolation and many others

Services are free, confidential and offered regardless of military discharge status. Whether you have served or supported someone who has, we look forward to helping you achieve your wellbeing and relationship goals.

Location:

**VA Greater Los Angeles Healthcare System
West Los Angeles Medical Center
11301 Wilshire Boulevard
Building 220, 3rd Floor Room 316
Los Angeles, CA 90073**

Appointments available

**Monday-Friday 8:30am-7:00pm
and Saturday mornings.**



UCLA

Veteran Family
Wellbeing Center

VA



U.S. Department
of Veterans Affairs

For more information, contact our Family Services Coordinator

310.478.3711 ext 42793 | info@vfwc.ucla.edu | vfwc.ucla.edu



Take ownership of your health care

Operation Mend heals our nation's post-9/11 military service members, veterans and caregivers by providing innovative, comprehensive, world-class care for the physical and psychological wounds of war.

Veterans who have gone through the in-person intensive outpatient program (IOP) have shown improvement in mental health symptoms within 3 months after program completion.



Scan, call **310-267-2110** or visit
uclahealth.org/programs/operationmend
to learn how you can get help today

UCLA Health



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