



## UCLA Veterans Initiatives & Partnerships

### October Newsletter

Lots of activity this past month!



The Bruins took home a win for Women's and Men's Soccer at Wallis Annenberg Stadium at UCLA! As always, the food was good and the company was even better.



Another successful food pantry; we gave away all 200 boxes of cookies from the expert staff at UCLA Dining!

**Check out what's happening!**

# UCLA

# VET JET

**FREE access to certificates for **Veterans****

## Information Session

Learn about Veterans Job Education and Training; offered certificates, support, curriculum, and more!

### **When:**

Sep. 30, 6 pm

Oct. 8, 6 pm

Oct. 15, 6 pm

### **Where:**

**VIRTUAL**

Have a good connection and the Zoom app

## Certificates

Head over to **[vip.ucla.edu/vetjet](http://vip.ucla.edu/vetjet)** for information and a list of certificates!



Scan the code to sign up, or go to [bit.ly/UCLAxVetJET](http://bit.ly/UCLAxVetJET)

**UCLA**

**Extension**

**UCLA**

**Veterans Initiatives & Partnerships**

# **UCLA** WOMEN'S VOLLEYBALL

**EXCLUSIVE EXPERIENCE FOR  
WEST LA VETERANS**

**PLEASE PROVIDE PROOF OF VETERAN STATUS**



**WEDNESDAY, OCT. 22 | 7PM  
PAULEY PAVILION**

**PRESENTED BY WESCOM FINANCIAL**

**BUS WILL DEPART  
JACKIE ROBINSON STADIUM  
LOT 15 AT 6PM**

**SCAN HERE TO RSVP  
OR VISIT  
UCLABRUINS.COM/VETERANEVENTS**



**Take advantage of everything UCLA has to offer**

# UCLA Veteran Family Wellbeing Center



The Veteran Family Wellbeing Center (VFWC) provides evidenced-based resilience building services to Veterans, Guard and Reserve members of all eras (regardless of discharge status) and their family members residing in California. Located on the West LA VA campus, appointments are available both in person and remotely using a computer or laptop.



## The VFWC services help individuals, couples and families:

- Improve communication
- Express and respond to emotions
- Feel closer to loved ones
- Solve problems
- Plan for the future
- Increase overall wellbeing
- Overcome challenges of all kinds, including marital difficulties, parent-child relationships, grief and loss, reintegration, caregiving, feelings of isolation and many others

Services are free, confidential and offered regardless of military discharge status. Whether you have served or supported someone who has, we look forward to helping you achieve your wellbeing and relationship goals.

### Location:

**VA Greater Los Angeles Healthcare System  
West Los Angeles Medical Center  
11301 Wilshire Boulevard  
Building 220, 3rd Floor Room 316  
Los Angeles, CA 90073**

### Appointments available

**Monday-Friday 8:30am-7:00pm  
and Saturday mornings.**



Veteran Family  
Wellbeing Center



U.S. Department of  
Veterans Affairs

For more information, contact our Family Services Coordinator  
310.478.3711 ext 42793 | [info@vfwc.ucla.edu](mailto:info@vfwc.ucla.edu) | [vfwc.ucla.edu](http://vfwc.ucla.edu)

# UCLA Veterans Legal Clinic

## Need **legal** advice?

### What types of legal issues do we handle?

Veterans Benefits: Pension and service-connected compensation benefits.

Citations & Traffic Infractions:  
Violations in traffic court, not DUIs.

Criminal Record Clearing:  
Expungements and 290 removals  
Housing: Assistance for tenants in disputes with their landlord.

**(424) 248-9783**



2nd & 4th Tuesdays

8 a.m. - 12 p.m., 1 p.m. - 4 p.m.

**Located at Building 218, ground floor Room 5A.**

**Call or walk in.**

Any person who served in the U.S. military, regardless of discharge status, length of service, or era of service may be eligible for services. **The service is for low-income, Los Angeles-area Veterans.** Additional criteria apply. Services are not guaranteed. Referrals are available.



# Take ownership of your health care

**Operation Mend heals our nation's post-9/11 military service members, veterans and caregivers by providing innovative, comprehensive, world-class care for the physical and psychological wounds of war.**

Veterans who have gone through the in-person intensive outpatient program (IOP) have shown improvement in mental health symptoms within 3 months after program completion.



Scan, call **310-267-2110** or visit  
[uclahealth.org/programs/operationmend](http://uclahealth.org/programs/operationmend)  
to learn how you can get help today

**UCLA** Health



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