



## UCLA Veterans Initiatives & Partnerships October Newsletter

### UCLA VLC Open for Intakes

**The UCLA Veterans Legal Clinic is happy to inform everyone that they are reopening intake for new clients now! Please see the flyer below for more information. Also, the VLC will be at the upcoming VA Standdown on Nov. 3 for questions!**

# UCLA Veterans Legal Clinic

## Need **legal** advice?

### What types of legal issues do we handle?

Veterans Benefits: Pension and service-connected compensation benefits.

Citations & Traffic Infractions: Violations in traffic court, not DUIs.

Criminal Record Clearing: Expungements and 290 removals  
Housing: Assistance for tenants in disputes with their landlord.

**(424) 248-9783**



**2nd & 4th Tuesdays**

**8 a.m. - 12 p.m., 1 p.m. - 4 p.m.**

**Located at Building 218, ground floor Room 5A.**

**Call or walk in.**

Any person who served in the U.S. military, regardless of discharge status, length of service, or era of service may be eligible for services. [The service is for low-income, Los Angeles-area Veterans.](#) Additional criteria apply. Services are not guaranteed. Referrals are available.

**Nominate UCLA's next Veteran of the Year!**



# VETERAN OF THE YEAR

UCLA ATHLETICS IS SOLICITING SUBMISSIONS FOR THE 2025  
VETERAN OF THE YEAR .

TO BE RECOGNIZED AT  
UCLA FOOTBALL VS NEBRASKA  
SATURDAY, NOV. 8 | ROSE BOWL STADIUM

PLEASE NOMINATE A VETERAN WITH ROOTS IN SOUTHERN CALIFORNIA  
AND GREATER LOS ANGELES AREA, FOR THEIR DISTINGUISHED  
MILITARY CAREER AND SERVICE TO THE COMMUNITY.

NOMINATION DEADLINE: FRIDAY, OCT. 24



IF SOMEONE IN YOUR COMMUNITY  
IS DESERVING, SCAN THE QR CODE  
OR NOMINATE THEM AT  
[UCLABRUINS.COM/VETERANOFTHEYEAR](https://uclabruins.com/veteranoftheyear)



Excelerate your education!





## Unlock Your Potential

UC Excelsator at UCLA Extension is designed to empower motivated adults with knowledge and networks to explore high-demand careers. Our tuition-free program offers a blend of career-focused academic credit coursework and professional development to support students in achieving their goals – whether pursuing a career path or considering future studies.

### Why Join Us?

- Take credit-bearing courses with expert instructors in a convenient online format
- Explore a new career pathway and build your education portfolio
- Develop vital project management skills that are critical to success in any job
- Build your professional network through industry-connected instructors and engaged peers
- Receive a Record of Participation and access to an official UCLA Extension transcript

### The Two-Quarter Program Includes:

Quarter 1: Choose one course from options such as data science, digital marketing, accounting, and entrepreneurship  
Quarter 2: Project management course + optional events on the UCLA campus

**UC Excelsator Program**  
Empowering Ambition.  
Driving Success.

**UCLA** Extension

### Who Should Apply?

UC Excelsator at UCLA Extension is intended to increase access to education for motivated adults who have not yet completed a baccalaureate degree. The tuition-free program supports those who have faced challenges in pursuing continuing education due to financial limitations, commuter access or other considerations.

### You Are a Priority Applicant if You Have:

- Completed some college
- Attained an associate's degree
- Have not completed a bachelor's degree

*\* Community college students are highly encouraged to apply*

### Ready to Excel?

Visit our website and take the first steps towards applying!

**Contact Us**  
[uclaxextension.edu/uc-excelerator](http://uclaxextension.edu/uc-excelerator)



**Check out what's happening!**



# *Ucla*<sup>®</sup>

## **WOMEN'S VOLLEYBALL**

### **EXCLUSIVE EXPERIENCE FOR WEST LA VETERANS**

**PLEASE PROVIDE PROOF OF VETERAN STATUS**

*vs.* **O**

**WEDNESDAY, OCT. 22 | 7PM  
PAULEY PAVILION**

**PRESENTED BY WESCOM FINANCIAL**

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**BUS WILL DEPART  
JACKIE ROBINSON STADIUM  
LOT 15 AT 6PM**

**SCAN HERE TO RSVP  
OR VISIT  
[UCLABRUINS.COM/VETERANEVENTS](https://uclabruins.com/veteranevents)**



*Ucla*  
BASEBALL

*Ucla* vs 

FALL BASEBALL GAME  
SATURDAY, NOVEMBER 1ST  
JACKIE ROBINSON STADIUM  
GAME TIME: 12PM

FREE EVENT FOR  
ALL VETERANS  
AND THEIR FAMILIES!

Take advantage of everything UCLA has to offer



# UCLA Veteran Family Wellbeing Center

# VFWC

The Veteran Family Wellbeing Center (VFWC) provides evidenced-based resilience building services to Veterans, Guard and Reserve members of all eras (regardless of discharge status) and their family members residing in California. Located on the West LA VA campus, appointments are available both in person and remotely using a computer or laptop.



The VFWC services help individuals, couples and families:

- Improve communication
- Express and respond to emotions
- Feel closer to loved ones
- Solve problems
- Plan for the future
- Increase overall wellbeing
- Overcome challenges of all kinds, including marital difficulties, parent-child relationships, grief and loss, reintegration, caregiving, feelings of isolation and many others

Services are free, confidential and offered regardless of military discharge status. Whether you have served or supported someone who has, we look forward to helping you achieve your wellbeing and relationship goals.

#### Location:

**VA Greater Los Angeles Healthcare System  
West Los Angeles Medical Center  
11301 Wilshire Boulevard  
Building 220, 3rd Floor Room 316  
Los Angeles, CA 90073**

#### Appointments available

**Monday-Friday 8:30am-7:00pm  
and Saturday mornings.**



**UCLA**

Veteran Family  
Wellbeing Center

**VA**



U.S. Department  
of Veterans Affairs

For more information, contact our Family Services Coordinator

310.478.3711 ext 42793 | [info@vfwc.ucla.edu](mailto:info@vfwc.ucla.edu) | [vfwc.ucla.edu](http://vfwc.ucla.edu)



# Take ownership of your health care

**Operation Mend heals our nation's post-9/11 military service members, veterans and caregivers by providing innovative, comprehensive, world-class care for the physical and psychological wounds of war.**

Veterans who have gone through the in-person intensive outpatient program (IOP) have shown improvement in mental health symptoms within 3 months after program completion.



Scan, call **310-267-2110** or visit  
**[uclahealth.org/programs/operationmend](http://uclahealth.org/programs/operationmend)**  
to learn how you can get help today

**UCLA** Health



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